California Society of Physical Medicine & Rehabilitation presents their

ANNUAL MEETING
April 24-26, 2015
Anaheim Marriott Hotel
Anaheim, California

Attendees may report up to
12 AMA PRA Category 1 Credits™
6 hours of QME
PROGRAM SCHEDULE

Friday — April 24, 2015

Lectures: Orange County Ballroom 1    Exhibits: Orange County Ballroom 3

12:00 noon
Registration / Exhibits

1:00 p.m.
Opening Remarks
Jeffrey Young, M.D., President

1:15 p.m.
Medical Necessity: What Is It, and Who’s Call?
Robert Bitonte, M.D., J.D.

2:15 p.m.
Testosterone Replacement in Rehabilitation Medicine
Kim Hecht, D.O.

3:15 p.m.
Break & Exhibits

3:45 p.m.
Diagnosis and Treatment of Runners’ Injuries
Claudio Carvalho, M.D.

4:45 p.m.
Regenerative Medicine in Rehabilitation
Mauro Zappaterra, M.D., Ph.D.

5:45 p.m.
Adjourn for the Day

Saturday — April 25, 2015

Lectures: Orange County Ballroom 1    Exhibits: Orange County Ballroom 3

7:00 — 8:00 a.m.
Continental Breakfast / View Exhibits

8:00 a.m.
Rehabilitation in Multiple Sclerosis
Patricia Nance, M.D.

9:00 a.m.
Skeletal Muscle Physiology, Injury & Repair
Dixie Aragaki, M.D.

10:00 a.m.
Break & Exhibits

10:30 a.m.
Poster Presentations
Roger Mignosa, D.O. and Jeffrey Young, M.D.

11:30 p.m.
CMA Delegate’s Report
Jeffrey Young, M.D.

12:15 p.m.
Legislative Update
Steve Cattolica, CSPMR Lobbyist

1:00 p.m.
President’s Welcoming Luncheon and Business Meeting
(included in registration fee)

2:30 p.m.
Break & Exhibits

3:00 p.m.
Opioid Use In a New Environment
Justin Hata, M.D.

4:00 p.m.
Poster Awards Presentations
Roger Mignosa, D.O. and Jeffrey Young, M.D.

4:30 p.m.
Adjourn for the Day

5:00 p.m.
OPTIONAL LECTURE:
Starting Your Own Private Practice: Perils and Pitfalls
Jeffrey Young, M.D.
Sunday — April 26, 2015

Lectures: Orange County Ballroom 1        Exhibits: Orange County Ballroom 3

7:00 — 8:00 a.m.        Continental Breakfast / View Exhibits

8:00 a.m.        Exercise Is Medicine
                 Roger Mignosa, D.O.

9:00 a.m.        Falls—Prevention and Treatment
                 Hilary Siebens, M.D.

10:00 a.m.        Break / View Exhibits

10:30 a.m.        Policy Forming in Injured Worker’s Law
                 Moshe Lewis, M.D.

11:30 a.m.        Your Professional Future: Policy, Legislation, and Enforcement
                 Robert Bitonte, M.D., J.D.

12:30 p.m.        Adjournment of Annual Meeting

CSPMR Board Members

Jeffrey L. Young, MD, President
Robert A. Bitonte, MD, JD, President-Elect
Robyn Sato, DO, Vice President
Christian Bocobo, MD, Immediate Past President
Thomas Pattison, MD, Editor
Grace Barzaga, MD, Secretary-Treasurer
Wei-Ching Lee, MD, Director, District 1
Janet Lord, MD, Director, District 2
Bradley Chesler, MD, Director, District 3
(vacant) Director, District 4
Malcolm Lawton, MD, Director, District 5
Jeffrey L. Young, MD, Delegate to CMA
Specialty Society Delegation
Christian Bocobo, MD, Alternate Delegate to CMA
Specialty Society Delegation
Carl Brakensiek, MBA JD, Legislative Advocate
Steve Cattolica, Legislative Advocate
Andi Irons, Executive Director
The California Society of Physical Medicine & Rehabilitation is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. CSPMR takes responsibility for the content, quality and scientific integrity of this CME activity.

The California Society of Physical Medicine & Rehabilitation designates this live activity for a maximum of 12 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity. Physicians attending this course may report up to 6 hours toward the requirements of California Labor Code section 139.2(d), continuing medical education towards QME status. This seminar also meets the current requirements of IMQ with respect to AB 1195 cultural and linguistic competency.

About the Program
This program has been designed for physical medicine and rehabilitation physicians (physiatrists) as an update and review. Participants will learn practical, clinical steps to manage various common patient care issues related to physician medicine and rehabilitation. Other physicians who refer to physiatrists, or who are directly involved in the treatment of neuromuscular or musculoskeletal impairments, will also benefit from this program by gaining knowledge that will improve their ability to manage these patients.

Disclosure
Consistent with CSPM&R policy, faculty are expected to disclose any economic or other personal interests that creates, or may be perceived as creating, a conflict of interest related to the material being presented or discussed. A complete disclosure statement will be in your course syllabus for your referral at the program.

Educational Objectives
At the conclusion of the annual meeting the participant will be able to:
- Outline the new approaches and methods for treatment of patients with complex regional pain syndrome and thoracic outlet syndrome.
- Describe the new methods and current trends in the physiologic basis of exercise for strength.
- Recite the latest information relative to regulatory guidelines in the ACA on patient care.
- Learn the latest in research as presented by residents of various PM&R medical school programs.
- Identify diagnosis and treatment of clinical perspectives on pain management.
- Discuss genetic testing for analgesic optimization in pain management.
Enrollment

Tuition includes a syllabus on a flash drive, break snacks and Saturday lunch. We accept checks made payable to CSPM&R or credit card payment through PayPal on our website or Registration can also be done online by going to the website www.cspmr.net. Refunds must be requested by April 9, 2015 and will be subject to a $50.00 service charge. Program materials cannot be guaranteed unless payment is received prior to April 15th. CSPM&R has the right to cancel this meeting; in such a case, a full refund will be given.

CME Mission Statement

The CME Mission of the California Society of Physical Medicine and Rehabilitation is to disseminate scientific, socioeconomic and political aspects of medicine impacting the specialty of physical medicine and rehabilitation. **Purpose:** Our CME program’s purpose is to provide high-quality, evidence-based educational seminars designed to advance physician competence and enhance practice performance, throughout their professional careers. Our attendees will also learn about the importance of culture and communication for delivering effective health care. Our CME programs will establish a commitment to educate physicians to deliver culturally and linguistically appropriate care. **Target Audience:** Our target audience is the society membership of physicians who specialize in physical medicine and rehabilitation as well as other allied health personnel in the physical medicine and rehabilitation arena. Education will be presented with that target audience in mind but other physician specialties and professionals will be invited when deemed appropriate. Our target audience consists of the above groups mainly from California. **Types of Activities:** As a CME provider of a medical specialty organization our activities mainly consist of live courses directly sponsored by the California Society of Physical Medicine & Rehabilitation. The educational design, instructional methods and learning format for each CME event is created to best serve the educational needs and learning objectives of the educational seminar. **Content:** The content for each individual presentation within the event is chosen with the needs and objectives taken into consideration. This includes but is not limited to case presentations, didactic lectures, question and answer periods, group discussions, workshops and panel discussions. **Expected Results:** We expect our attendees will report greater performance in their approach to clinical problems and/or express their intent to change their behavior and apply newly acquired strategies in their practice. We expect that our attendees will demonstrate competence and the effective use of targeted skills to enhance patient outcomes.
Location

Anaheim Marriott Hotel
700 West Convention Way
Anaheim, CA 92801

Reservations: (714) 750-8000
Group Code: California Society of Physical Medicine & Rehabilitation
Reference #: M-1YBQMED

Online Reservations: Go to our website www.cspmr.net / Meetings / Annual Meetings. Here you will find a link to click to make your hotel reservations online.

Hotel Features: Combining luxury accommodations with superior service, the Anaheim Marriott invites you to book your dream vacation at our Disneyland® hotel in California. Located in the heart of the Anaheim Resort District, our 1,300 hotel rooms feature high-speed Internet, plush bedding and tasteful decor to provide an escape from your daily routines. Unforgettable adventures await, so don’t forget your camera. The hotel near Anaheim Convention Center is walking distance to Anaheim Garden and Downtown Disney® District, providing easy access to unique restaurants, theaters and shopping in a tropical setting. Wind down from a long day of meetings or making memories with a delectable dish and signature cocktail from one of the many dining options near the Disneyland® hotel. Book your luxury stay at the Anaheim hotel that has earned the prestigious Energy Star label from the U.S. Environmental Protection Agency.

Reservations: To insure our special group rate from $169.00 per night (single/double occupancy, plus applicable taxes) you are requested to identify yourself as part of the California Society of Physical Medicine & Rehabilitation group when making your reservation Use group code: California Society of Physical Medicine & Rehabilitation (Reference # M-1YBQMED). Reservations should be made directly with the hotel by March 24, 2015 by calling the Anaheim Marriott Hotel reservation number: (714) 750-8000. Be sure to mention the group code listed above. Requests made after this date, will be handled on a space available basis. Check in time is 4:00 pm and check out time is 12:00 noon.

Attractions and Shopping: Anaheim GardenWalk is a 460,000 square-foot outdoor dining, shopping and entertainment destination situated in the heart of the Anaheim Resort District just steps from the Disneyland® Resort and Anaheim Convention Center, and a short drive from Honda Center and Angel Stadium. Anaheim GardenWalk offers guests a distinctive collection of popular restaurants, vibrant nightlife, trendy shops, a state-of-the-art cinema complex and an upscale bowling lounge. Exciting happenings are well underway at Anaheim GardenWalk, including the addition of outstanding restaurants, entertainment venues and shops, as well as major renovations throughout the property. Upon completion of the redevelopment, Anaheim GardenWalk will provide a one-of-a-kind guest experience and a world-class gathering place for locals and visitors.
Course Director

Robert A. Bitonte, M.D., J.D.
Chairman, Medical Education Committee

Faculty

Dixie Aragaki, M.D.
Program Director
Department of Physical Medicine & Rehabilitation
University of California, Los Angeles

Robert A. Bitonte, M.D., J.D.
Private Practice
Physical Medicine & Rehabilitation
Los Angeles, California

Claudio Carvalho, D.O.
Physical Medicine & Rehabilitation
Medical Director
Functional Ortho Rehabilitation Medical Associates
Costa Mesa, California

Steve Cattolica
Lobbyist
California Society of Physical Medicine & Rehabilitation
Sacramento, California

Justin Hata, M.D.
Pain Program Director
Department of Physical Medicine & Rehabilitation
Loma Linda Center for Pain Management
Loma Linda, California

Kim Hecht, D.O.
Integrative Physiatrist
Whitaker Wellness Institute
Newport Beach, California

Moshe Lewis, M.D.
Chief, Physical Medicine & Rehabilitation
Department of Orthopedics
California Pacific Medical Center
San Francisco, California
Physical Medicine & Rehabilitation
SOMA Orthopedics
San Francisco, California
Assistant Clinical Professor
University of California, San Francisco
Volunteer Clinical Faculty Alumni
Touro University of Osteopathic Medicine

Roger Mignosa, D.O.
Department of Physical Medicine & Rehabilitation
VA Greater Los Angeles Healthcare System
Los Angeles, California

Patricia Nance, M.D.
Program Director
Department of Physical Medicine & Rehabilitation
Veterans Administration Long Beach Healthcare System
Long Beach, California

Hilary C. Siebens, M.D.
Consultant, Physical Medicine & Rehabilitation
Veterans Administration Long Beach Healthcare System
Long Beach, California
Siebens Patient Care Communications
Seal Beach, California

Jeffrey L. Young, M.D.
Private Practice
Assistant Clinical Professor
Physical Medicine & Rehabilitation
UC Davis Medical Center
Sacramento, California

Mauro Zappaterra, M.D., Ph.D.
Department of Physical Medicine & Rehabilitation
University of California, Los Angeles
Director of Regenerative Medicine & Clinical Research
Synovation Medical Group
Los Angeles, California
Enrollment Application

CSPM&R’s 2015 Annual Meeting
April 24-26, 2015
Anaheim Marriott Hotel, Anaheim, California
Register online: www.cspmr.net Meetings Annual Meetings
(online payments via PayPal—PayPal account not needed)

FEES:  

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☐ I will be attending the Saturday luncheon and will have ____ guest(s) @ $35.00 each.
(Please include guest luncheon payment with your tuition.)
(Lunch is included for each seminar registrant paying the tuition.)

Total enclosed: $___________

First Name ___________________ Middle Initial ___ Last Name
☐ M.D. ☐ D.O. ☐ P.T. ☐ R.N. ☐ D.C. ☐ Other __________________________

Address
________________________________________________________________________
________________________________________________________________________

City _____________________ State ___________________ Zip Code _________________
(______)_______(______)_____________ Day Phone Fax Number

Email __________________________ (for registration confirmation)

Information required for CME Credit and Name Badge:
Please indicate primary medical specialty:
☐ PM&R ☐ Other __________________________

Guest names __________________________________________________________________

If paying by check please make check out to CSPM&R and mail with enrollment form to:
CSPM&R
8175 Arville Street, #199
Las Vegas, NV 89139-7111
phone/fax: (702) 365-0912
email: CSPMR@cox.net